

**SUMMER
2024**

**NIKE
HOCKEY
CAMPS.**





LEARN. TRAIN. PLAY.

Residential 1- or 2-week camps in July and August for boys and girls aged 10-17, run by former professionals at two leading schools in England.

The unique coaching programme is designed and led by former Australian player and international coach Todd Williams. Players can choose to focus entirely on developing their game on and off the pitch with the Total Hockey option or improve their English language skills alongside their hockey with the Hockey + English option.

Camps include an action-packed schedule and a diverse mix of nationalities, ensuring young players maximise their learning and gain a valuable cultural experience. Players leave with new skills, confidence and friends from around the globe.





CONTENTS

CAMP OPTIONS	04
COACHING	05
ENGLISH TEACHING	08
WORKSHOPS	09
THE VENUES	10
EXCURSIONS	13
LIFE ON CAMP	14
DATES + DETAILS	15





CAMP OPTIONS

Choose from either **TOTAL HOCKEY** or **HOCKEY + ENGLISH**.
Both options are available as a 6- or 13-night camp.

OPTION 1

TOTAL HOCKEY

- Up to 24 hours a week of hockey coaching and game play
- Up to 8 hours a week of sports-related workshops
- Suitable for all English language abilities except beginners

OPTION 2

HOCKEY + ENGLISH

- Up to 24 hours a week of hockey coaching and game play
- Up to 13 hours a week of English Language lessons using an accelerated model of English learning
- Suitable for all English language abilities

ALL CAMPS INCLUDE



PRO HOCKEY
COACHING



24/7
SUPPORT STAFF



ON-SITE
ACCOMMODATION



EXCLUSIVE NIKE
GIFT PACK



SPORTS WORKSHOPS
OR ENGLISH LESSONS



3 NUTRITIONALLY
BALANCED MEALS A DAY



EXCURSIONS TO
CITIES + LANDMARKS



COACHING REVIEW
+ CERTIFICATE





THE COACHING

360° HOCKEY

The coaching team combines recent and current international players and elite-level coaches. They create a high-intensity and fun training environment that motivates and inspires. Players are challenged on all aspects of their game in two daily training sessions focusing on a variety of technical and 3D skills, matchplay situations and athlete development.

RAISE YOUR GAME

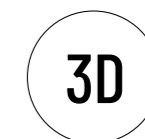
Coaches share their own experiences about what it takes to raise your game to the highest level. They equip players with a better understanding of the game and how to continue to progress at home. Fitness and conditioning drills are used to improve footwork, balance and speed.



ON THE PITCH



TECHNIQUE



SKILL DEVELOPMENT



FITNESS



TACTICS



MATCH PLAY



MEET THE HOCKEY DIRECTOR



TODD WILLIAMS

Todd is a former Australian international hockey player. Since moving to the UK, he's forged an extremely successful coaching career with Oxford Hawks HC, Hampstead & Westminster HC, Slough Ladies and Surbiton HC. He has also worked on an international level with France, Ireland, and most recently with Great Britain's women's team.

His coaching philosophy is based on improving players in order to make better teams. No matter what their level or age may be, he is able to give players a clear picture of how to progress.

TRAIN LIKE A PRO

An international player will join Todd each week to teach a coaching masterclass and inspire young players. Through this masterclass, players gain a new perspective on the skills and mindset they need to master to compete at the highest level.



**IT'S ALL ABOUT
PLAYERS LEARNING
3D SKILLS,
GAINING CONFIDENCE
AND BEING BRAVE
ENOUGH TO TAKE
RISKS ON THE BALL.**

– TODD WILLIAMS, HOCKEY DIRECTOR

TAKING PASSION FOR SPORT INTO THE CLASSROOM



ENGLISH TEACHING

WHAT TO EXPECT




Classes focus on sport, harnessing students' passion for the subject to promote language learning in a fun and interactive environment. Using the CLIL (Content and Language Integrated Learning) model of English, qualified teachers infuse language learning into lively and active classes where sports-based projects, discussions and activities take centre stage.

Teachers guide students to improve their verbal communication skills while discussing legendary players, interviewing coaches, or writing and speaking their own match commentary. Learning is supported by English teachers living on-site and English is spoken at all times throughout the camp, creating an immersive learning environment.

HOW IT WORKS

Students are grouped into classes based on a combination of age and ability. They complete a short online assessment before the camp starts and then speak with a teacher on arrival to ensure they are correctly placed for their level. At the end of the camp, each player receives a written report and advice on how to continue their learning at home.

WHAT'S INCLUDED

-  UP TO 13 HOURS OF ENGLISH LESSONS PER WEEK
-  1:12 TEACHER TO STUDENT RATIO (AVERAGE)
-  INDIVIDUAL REPORT TO TAKE HOME





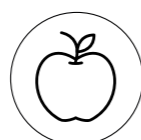
WORKSHOPS

WHAT TO EXPECT

Players taking the Total Sport option follow a series of workshops and recovery activities throughout the camp. They are introduced to a range of topics designed to give a broader view and better understanding of athletic performance, and what it takes to succeed on and off the pitch. Recovery exercises, such as yoga, help players manage the workload of training twice a day.



WORKSHOP EXAMPLES



NUTRITION
WHY WHAT YOU EAT
AND DRINK MATTERS



**DIVERSITY
& INCLUSION**
LEVELLING THE PLAYING FIELD
AND EMBRACING DIVERSITY



**ELITE
PERFORMANCE**
WHAT IT TAKES TO PERFORM
AT THE HIGHEST LEVEL



YOGA
INJURY PREVENTION AND
INCREASING FLEXIBILITY



WELLNESS
UNDERSTANDING PHYSICAL
AND MENTAL HEALTHY HABITS



ELEVATE YOUR GAME OFF THE PITCH





THE VENUES

Choose from two world-class camp venues, depending on dates.

BRADFIELD COLLEGE READING

1 JULY – 7 JULY 2024



RADLEY COLLEGE OXFORD

8 JULY – 18 AUGUST 2024





THE VENUES

Nike Hockey Camps are based at two impressive English private schools, each set in many acres of beautiful countryside between Oxford and London. Both schools have a host of historic buildings alongside impressive modern hockey facilities and are an inspiring setting for learning and developing sporting talent.

Camps are primarily based at Radley College for 2024, for 6 weeks from 8th July - 18th August. Players joining in the first week of the summer, from 1st - 7th July, will be based at nearby Bradfield College, with those continuing for a second week moving to Radley College on 8th July.

SUITABLE FOR

- Boys and girls aged 11-17
- All hockey abilities

**INTERNATIONALLY
RENOWNED
PRIVATE
SCHOOLS
NEAR OXFORD
AND LONDON**





THE VENUES DETAILS

ACCOMMODATION

BRADFIELD

Mix of single and shared bedrooms

RADLEY

Mostly single rooms with shared bathrooms

TRANSFERS

We offer an airport shuttle service from the following airports:

BRADFIELD

- London Heathrow Airport (LHR) 32 miles / 51km
- London Gatwick Airport (LGW) 60 miles / 96km

RADLEY

- London Heathrow Airport (LHR) 44 miles / 70km
- London Gatwick Airport (LGW) 77 miles / 125km

FACILITIES

- Hybrid Astro hockey pitches
- Tartan athletics track
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- Laundry facilities
- On-site camp shop

EXCURSIONS

ALL CAMPS

- Theme Park or
- Oxford Tour

13-NIGHT CAMPS ONLY

- London Experience



2024 CAMP DATES

6-NIGHT CAMPS MONDAY - SUNDAY

BRADFIELD

- 01 Jul - 07 Jul *

RADLEY

- 08 Jul - 14 Jul
- 15 Jul - 21 Jul
- 22 Jul - 28 Jul
- 29 Jul - 04 Aug
- 05 Aug - 11 Aug
- 12 Aug - 18 Aug

13-NIGHT CAMPS MONDAY - SUNDAY

BRADFIELD > RADLEY

- 01 Jul - 14 Jul **

RADLEY

- 08 Jul - 21 Jul
- 15 Jul - 28 Jul
- 22 Jul - 04 Aug
- 29 Jul - 11 Aug
- 05 Aug - 18 Aug

* Camp takes place at Bradfield College

** First week at Bradfield College, second week at Radley College



**MY KIDS HAD
A GREAT TIME
AT CAMP.
THEY WERE COACHED
BY AN OLYMPIC
GOLD MEDALLIST,
AND EVEN
HELD THE MEDAL!**

– PARENT, HOCKEY CAMP 2023



CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions.



THEME PARK

There's something for everyone at England's top theme parks. Adrenaline junkies can ride rollercoasters that go from 0-80mph in under two seconds, while those who prefer to keep their feet near the ground can enjoy smaller rides and traditional fairground activities.

OXFORD TOUR

Players explore the historic city of Oxford, home to the oldest university in the English-speaking world, with magnificent architecture and academic history around every corner.

LONDON EXPERIENCE

Players experience the sights of England's capital city including the famous 'Big Ben' and Buckingham Palace, rounding the day off with the chance to do some shopping.





LIFE ON CAMP

Camps are action-packed with sport, learning and meeting friends from around the world. Here are some useful insights about life on camp and how players are looked after.

ACCOMMODATION

Players stay in boarding houses on campus based on age group, with boys and girls in separate houses. All houses have a communal players' lounge for relaxing during downtime. Some boarding houses have single bedrooms only. Where houses have shared bedrooms, we may be able to accommodate roomshare requests.

DIET, NUTRITION AND HYDRATION

Meals are nutritionally balanced and designed for young athletes. There are a variety of options to choose from, including a vegetarian option. Welfare staff guide each player to ensure they are eating and drinking enough of the right foods during the camp. Coaches ensure players drink plenty of water during training sessions.

WELFARE STAFF

There is a dedicated camp management and welfare team on-site all day and night. They are trained to look after players' wellbeing and are always on hand to help, support and guide campers to reach their full potential.

MEDICAL AND INJURY

A nurse is available each day to monitor illness, medical conditions and dispensation of medication. Further support and advice is provided by an on-call private doctor. Sports therapists or physiotherapists are present during sports sessions in case of injuries and subsequently to advise on recovery.



A TYPICAL DAY

MORNING

- BREAKFAST
- MORNING MEETING
- HOCKEY COACHING

AFTERNOON

- LUNCH
- ENGLISH OR WORKSHOPS
- RECOVERY + WELLNESS

EVENING

- DINNER
- HOCKEY COACHING
- RELAX + LIGHTS OUT





DATES + DETAILS

VENUES

- Bradfield College, Reading
- Radley College, Oxford

AVAILABLE CAMPS

TOTAL HOCKEY

- Up to 24 hrs of hockey a week
- Up to 8 hrs of workshops a week

HOCKEY+ENGLISH

- Up to 24 hrs of hockey a week
- Up to 13 hrs of English a week

DESIGNED FOR

- Boys and girls aged 11-17
- All hockey abilities

EXCURSIONS

- Oxford Tour (weeks with *)
- Theme Park Experience (weeks without *)
- London (13-night camps only)

BRADFIELD COLLEGE CAMP DATES

6-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 07 Jul *

13-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 14 Jul †

† First week at Bradfield College,
second week at Radley College

RADLEY COLLEGE CAMP DATES

6-NIGHT CAMPS MONDAY - SUNDAY

- 08 Jul - 14 Jul *
- 15 Jul - 21 Jul
- 22 Jul - 28 Jul *
- 29 Jul - 04 Aug
- 05 Aug - 11 Aug *
- 12 Aug - 18 Aug

13-NIGHT CAMPS MONDAY - SUNDAY

- 08 Jul - 21 Jul
- 15 Jul - 28 Jul
- 22 Jul - 04 Aug
- 29 Jul - 11 Aug
- 05 Aug - 18 Aug





BOOK A HOCKEY CAMP TODAY.

VISIT

eurosportscamps.com

CALL

+44 (0) 203 889 6236

EMAIL

info@eurosportscamps.com



Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

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