



NIKE FOOTBALL CAMPS SUMMER 2019



SOCCER SCHOOLS



EUROSPORTSCAMPS

LEARN TRAIN PLAY

Residential 6- and 13-night camps
for 8-17 year old boys.

Based at Lancing College, a leading English private school, players will be coached by Brighton and Hove Albion Soccer Schools in a training programme inspired by the first team coaching at English Premier League football club Brighton and Hove Albion FC. Alongside their football training, players can choose to improve their English language skills with a dedicated team of professional English teachers. With players from over 40 countries joining the 2018 programme, this is a truly international experience.

CHOOSE FROM:

TOTAL FOOTBALL

- An intensive programme suitable for anyone who wants to focus on their football training
- 29 hours a week of football training, games and workshops with Brighton & Hove Albion Soccer Schools

FOOTBALL + ENGLISH

- Suitable for all English language levels
- 12.5 hours a week of English Language lessons using an accelerated model of English learning
- 16.5 hours a week of football training, games and workshops with Brighton & Hove Albion Soccer Schools

SPECIALIST WEEKS (29 July and 5 August)

GIRLS CAMP - GIRLS AGED 12-17

A girls-only programme where players will train exclusively with other young sports women and female coaches.

GOALKEEPER CAMP - BOYS AGED 12-17

Specialist goalkeeper coaches will deliver an exclusive goalkeeping programme where players focus on specific skills for their position. Goalkeepers are also welcome to join the standard programme on any other week.



IN ADDITION...

Players benefit from workshops delivered by sports scientists, supporting their on-field training. The fun-filled evening activities programme includes a weekly trip to play foot golf or go bowling with new friends. There is also the opportunity to explore England's unique culture on excursion days to London, Brighton and Portsmouth.

WHAT'S INCLUDED



- Up to 29 hours a week of coaching, games and workshops with Brighton & Hove Albion Soccer Schools
- Full board accommodation at Lancing College
- Optional English language lessons with professional teachers
- Individual development plan and certificate to take home
- Sports science workshops
- 24/7 on-site male and female player welfare support staff
- Evening activities programme and players' lounge
- Exclusive Nike kit pack and Brighton & Hove Albion Soccer Schools gift pack
- Cultural excursions and training experience at the American Express Elite Football Performance Centre
- Student medical insurance



THE FOOTBALL



The coaching curriculum is designed and delivered by Brighton and Hove Albion Soccer Schools, the award winning community coaching division of Brighton and Hove Albion FC. The programme is inspired by the first team's training protocols to challenge players at all levels. In addition to the club's core practices, each session focuses on a particular skill, delivering conditioned drills and fun activities based on movement. Small-sided games offer the chance to put newly developed skills into practice in a match setting, whilst sports science workshops help players develop as athletes.

ON THE PITCH



TACTICAL



MENTAL



PHYSICAL



SKILLS ASSESSMENT

OFF THE PITCH



SELF-PROFILING



RULES FOR REFUELLING



RECOVERY



ACCELERATED LEARNING

Throughout the camp, English lessons are supported by a fully immersive language experience. All activities, training and sports workshops are delivered in English. The focus on communication in our project work helps students prepare for exams such as IGCE, IELTS, Trinity, Cambridge, ESB, GCSE and CAE.

ENGLISH

For all English language abilities

12.5 hours a week of classroom-based lessons

Our professional and dedicated English language teachers use a customised curriculum that has been designed by experienced academic leaders, and is based on the CLIL approach used in top schools worldwide. Practising communication, reading and writing skills, students will put their learning into context, creating press releases, writing articles, conducting player interviews and researching sports-related media.

An entry test groups students by age and ability at the start of the week. With an average of 12 students per class, students get excellent individual feedback, including a written report and completion certificate to take home.



THE LOCATION LANCING COLLEGE BRIGHTON

Spectacularly situated on the South Coast overlooking the sea, Lancing College is one of Britain's great private schools. The college is just 15 minutes from the historic seaside town of Brighton. Founded in 1848, Lancing College has developed an international reputation for academic and sporting achievement.

With 8 grass football pitches, 3 all-weather pitches and an indoor sports hall, Lancing College is the perfect home for Nike Football Camps in the UK.

FACILITIES

- 8 grass football pitches
- 3 all-weather pitches
- Indoor sports hall
- Swimming pool
- Players' lounge with TV, table tennis, foosball table and games consoles
- Free WIFI
- On-site camp shop
- Laundry facilities

Accommodation

Single, twin and triple bedrooms and dormitories, with shared bathrooms.

Meals

3 nutritionally balanced meals a day and an evening snack, including vegetarian options. Specific dietary requirements can be catered for.

Transport links

Gatwick Airport (49 km)
Heathrow Airport (107 km)

Airport transfers are available from Heathrow and Gatwick airports.

We can also provide visa support letters if required.



EXCURSIONS



London (all 13-night camps)

Players aged 13-17 enjoy a walking tour of London's iconic landmarks including Big Ben and Buckingham Palace. 8-12 year olds will visit the Tower of London for a tour of this historic castle, home to the Crown Jewels and their guardians, the world-famous 'Beefeaters'. Includes a shopping visit to Niketown on Oxford St. for both age groups.



Portsmouth Shopping and Historic Dockyard (every other week)

The day starts with an interactive tour of HMS Victory, the renowned flagship of Admiral Lord Nelson in the Battle of Trafalgar, and concludes with a visit to Gunwharf Quays, the South Coast's leading designer outlet shopping centre.



The American Express Elite Football Performance Centre (every week)

Players train with their coaches on a dedicated pitch at Brighton and Hove Albion's AMEX Elite Football Performance Centre, a state-of-the-art Category One academy venue.











The American Express Community Stadium & Brighton Pier (every other week)

The day starts with a behind-the-scenes tour of Brighton and Hove Albion FC's home ground followed by an afternoon enjoying the rides and amusements at Brighton Pier, a classic English seaside attraction.

CAMP SCHEDULE

A TYPICAL DAY

08:30		Breakfast
09:00		English lesson / football session
12:15		Lunch
14:00		Football session (games and matches)
17:30		Dinner
19:00		Evening activities
20:30		Players' Lounge
22:00		Bed

2019 CAMP DATES

Arrival day: Monday. Departure day: Sunday

6-Night Camps

1 July - 7 July
8 July - 14 July
15 July - 21 July
22 July - 28 July
29 July - 4 August
5 August - 11 August
12 August - 18 August

13-Night Camps

1 July - 14 July
8 July - 21 July
15 July - 28 July
22 July - 4 August
29 July - 11 August
5 August - 18 August

BOOK YOUR CAMP TODAY

For more information

visit www.eurosportscamps.com

call +44 (0)203 889 6236

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EUROSPORTSCAMPS

Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief.

CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

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